



Why Matthew Booth defends his health with Marcus Rohrer Spirulina®



In the quest to help you defend your health (and win fabulous prizes), soccer hero, Matthew Booth and his family have teamed up with OTC PHARMA SA, and *Longevity Magazine*.

This competition, underway in most major pharmacies, offers you and your partner a chance to win a fabulous, four-day health getaway at the exclusive Karkloof Spa in the KZN Midlands with Matthew Booth and his wife Sonia.

You can also win health hampers, *Longevity* subscriptions, Apple Tree life skills seminars by Colleen Joy Page, and aromatherapy hampers from Aromatic Apothecary.

All you have to do is buy any OTC PHARMA SA product in-store and see details on the sticker on the pack. During this competition we're also helping you seek your own path to good health.

Over the last three months Matthew and Sonia have told us about their family's general health and what they do to keep fit and healthy. This time, they tell us about why they have chosen Marcus Rohrer Spirulina® as their super nutrient of choice.

When and how did you hear about Marcus Rohrer Spirulina®?

Sonia: I read about it in the press in 2000. It seemed appealing and I thought I would try it. I have been taking it ever since. Matthew saw I was taking it and was curious. When he found out it was natural, he started taking it as well.

What effect has it had on your life?

Sonia: I feel more energised, my concentration levels are higher, and I just feel good most of the day!

Matthew: Since I started taking Marcus Rohrer Spirulina® I am feeling much more energetic and mentally sharp.

I do not feel jaded any more. Now, I feel a big improvement in my energy levels. There has definitely been a positive impact on both of us.

What has been the most attractive thing about this supplement?

For me the most important thing is that the tablets contain all the essential vitamins and nutrients required. Also, the fact that it's natural is a big attraction.

Would you recommend it?

Sonia: Definitely. In fact, my entire clan (family) takes it since I recommended it to them.

Our OTC health expert comments:

Sonia and Matthew have said it all. Marcus Rohrer Spirulina® contains the richest source of vitamins and minerals nature has to offer. It is because of this that it has had such a positive effect on Sonia and Matthew and on tens thousands of others around the world.

This super-nutrient contains over 60 nutrients, including vitamins, minerals all the essential amino acids, chlorophyll, enzymes and anti-oxidants.

And, there are many scientific studies to back this. What's more, is that Marcus Rohrer Spirulina is among the purest and most powerful Spirulina in the world, with a higher content of vitamins and minerals than most other brands. Not only has it shown to dramatically boost energy but it also helps improve immunity and support weight loss. It's the obvious supplement for everyone!



**WIN a 4 day
GET-AWAY
at KARKLOOF SPA
and much more!**



See www.otcpharma.co.za for more competition and product information...

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